



MURPHY SCHOOL DISTRICT AUGUST, 2010



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Blueberry Muffin Day 1 Assorted Cereal Fruit Juice</p> <p>Roller Coaster Day</p> <p>Pepperoni Pizza Toasted Cheese Sandwich Garden Salad & Dressing Fresh Fruit Frozen Juice Bar 16</p>	<p>French Toast Sticks Day 2 Assorted Cereal Strawberry Cup</p> <p>Red Cheese Enchiladas Toasted Cheese Sandwich Salsa Spanish Rice Lettuce & Tomato Tortilla Chips Fresh Fruit 17</p>	<p>Egg & Vegetable Day 3 Scramble Assorted Cereal Wheat Toast & Jelly Fruit Juice</p> <p>Early Release</p> <p>Sloppy Joe on a Bun Toasted Cheese Sandwich Fresh Carrots & Ranch Dip Tater Tots & Catsup Fresh Fruit 18</p>	<p>Cocoa Crunch Bar Day 4 Assorted Cereal Applesauce</p> <p>National Aviation Day</p> <p>Vegetable Lasagna Wheat Dinner Roll Toasted Cheese Sandwich Green Beans Fresh Fruit 19</p>	<p>Sausage & Cheese Day 5 in an English Muffin Assorted Cereal Orange Smiles</p> <p>Chicken Patty on a Bun Mayonnaise & Mustard Toasted Cheese Sandwich Corn on the Cob Fresh Fruit Whole Wheat Sugar Cookie 20</p>
<p>Whole Wheat Bagel Day 6 Assorted Cereal Cream Cheese Fruit Juice</p> <p>Chipotle Burger PB & Jelly Sandwich Catsup/Mustard/Mayonnaise Baked Beans Lettuce & Pickle Cup Fresh Fruit 23</p>	<p>Pancake and Day 1 Sausage on a Stick Assorted Cereal Syrup Honeydew Slice</p> <p>Oven Baked Chicken PB & Jelly Sandwich Mashed Potatoes & Gravy Peas Fresh Fruit 24</p>	<p>Egg & Sausage Day 2 Burro Assorted Cereal Salsa Fruit Juice</p> <p>Early Dismissal</p> <p>Beefy Chili Beans PB & Jelly Sandwich Cornbread Coleslaw Fresh Fruit 25</p>	<p>Hot Oatmeal with Day 3 Cherries Assorted Cereal Cinnamon Toast Banana</p> <p>Zesty Chicken Rings PB & Jelly Sandwich Steamed Broccoli Sweet Potato Fries Fresh Fruit 26</p>	<p>Cinnamon Roll Day 4 Assorted Cereal Fruit Juice</p> <p>Spaghetti & Meatballs PB & Jelly Sandwich Garlic Bread Spinach Salad with Cherries Salad Dressing Fresh Fruit 27</p>
<p>Waffles with Syrup Day 5 Assorted Cereal Fruit Juice</p> <p>Cheese Pizza Ham & Cheese Sandwich Romaine Salad with Dressing Fresh Fruit 30</p>	<p>Egg & Cheese Day 6 on an English Muffin Assorted Cereal Honeydew Slice</p> <p>Turkey Taco Ham & Cheese Sandwich Lettuce & Tomato Refried Beans Salsa Fresh Fruit 31</p>	<p>THIS MENU IS SUBJECT TO CHANGE</p> <p>MILK IS SERVED WITH ALL MEALS</p>		

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ESCUELAS DE MURPHY

AGOSTO, 2010



LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
<p>Postre de Arandanos Dia 1 Cereal Jugo de Fruta</p> <p style="font-size: 2em; color: blue; text-align: center;">Día de Montana Rusa</p> <p>Pizza Sandwich de Queso Ensalada Fruta Helado 16</p>	<p>Pan Frances Tostado Dia 2 Cereal Fresas</p> <p>Enchilada de Queso Sandwich de Queso Salsa Arroz Lechuga con Tomates Papitas Fruta 17</p>	<p>Huevos con Dia 3 Vegetales Cereal Pan Tostado con Jalea Jugo de Fruta</p> <p style="text-align: center; font-size: 1.5em;">Salida Temprano</p> <p>Sandwich de Carne de Barbecoa Sandwich de Queso Zanahorias Papitas Fruta 18</p>	<p>Postre de Chocolate Dia 4 Cereal Pure de Manzana</p> <p style="text-align: center;"> Dia Nacional de la Aviación</p> <p>Macarron con Queso y Vegetales Pan de Ajo Sandwich de Queso Ejotes Fruta 19</p>	<p>Pan Ingles Tostado Dia 5 con Salchicha y Queso Cereal Naranja</p> <p>Sandwich de Pollo Sandwich de Queso Maiz Fruta Galleta de Azucar 20</p>
<p>Bagel con Crema Dia 6 de Queso Cereal Jugo de Fruta</p> <p style="text-align: center;"></p> <p>Hamburguesa con Chili Sandwich de Crema de Cacahuete y Jalea Frijoles Ensalada Fruta 23</p>	<p>Pancake con Dia 1 Salchicha Cereal Melon</p> <p>Pollo Sandwich de Crema de Cacahuete y Jalea Pure de Papas Chicharos Fruta 24</p>	<p>Burro de Huevos Dia 2 con Salchicha Cereal Salsa Jugo de Fruta</p> <p style="text-align: center; font-size: 1.5em;">Dia Corto</p> <p>Chili con Carne y Frijoles Sandwich de Crema de Cacahuete y Jalea Pan de Maiz Ensalada de Col Fruta 25</p>	<p>Avena con Cerezas Dia 3 Cereal Pan Tostado con Canela Platano</p> <p>Pollo Frito Sandwich de Crema de Cacahuete y Jalea Brocoli Papitas de Camote Fruta 26</p>	<p>Postre de Canela Dia 4 Cereal Jugo de Fruta</p> <p style="text-align: center;"></p> <p>Macarron con Carne Sandwich de Crema de Cacahuete Y Jalea Pan de Ajo Ensalada de Espinaca con Cerezas Fruta 27</p>
<p>Waffle Dia 5 Cereal Jugo de Fruta</p> <p style="text-align: center;"></p> <p>Pizza Sandwich de Jamon con Queso Ensalada Fruta 30</p>	<p>Pan Ingles Tostado Dia 6 con Huevos y Queso Cereal Melon</p> <p>Taco de Pavo Sandwich de Jamon con Queso Ensalada Frijoles Salsa Fruta 31</p>	<p> </p> <div style="border: 1px solid black; padding: 5px; width: 100px; margin: 0 auto;"> <p>ESTE MENU ES SUJETO A CAMBIOS</p> </div>	<p> </p> <div style="border: 1px solid black; padding: 5px; width: 100px; margin: 0 auto;"> <p>LECHE SE SIRVEN CON TODAS LAS COMIDAS</p> </div>	

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