



# MURPHY SCHOOL DISTRICT AUGUST, 2010



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Blueberry Muffin Day 1 Assorted Cereal Fruit Juice</p> <p><b>Roller Coaster Day</b></p> <p>Pepperoni Pizza Toasted Cheese Sandwich Garden Salad &amp; Dressing Fresh Fruit Frozen Juice Bar <b>16</b></p>	<p>French Toast Sticks Day 2 Assorted Cereal Strawberry Cup</p> <p>Red Cheese Enchiladas Toasted Cheese Sandwich Salsa Spanish Rice Lettuce &amp; Tomato Tortilla Chips Fresh Fruit <b>17</b></p>	<p>Egg &amp; Vegetable Day 3 Scramble Assorted Cereal Wheat Toast &amp; Jelly Fruit Juice</p> <p><b>Early Release</b></p> <p>Sloppy Joe on a Bun Toasted Cheese Sandwich Fresh Carrots &amp; Ranch Dip Tater Tots &amp; Catsup Fresh Fruit <b>18</b></p>	<p>Cocoa Crunch Bar Day 4 Assorted Cereal Applesauce</p> <p><b>National Aviation Day</b></p> <p>Vegetable Lasagna Wheat Dinner Roll Toasted Cheese Sandwich Green Beans Fresh Fruit <b>19</b></p>	<p>Sausage &amp; Cheese Day 5 in an English Muffin Assorted Cereal Orange Smiles</p> <p>Chicken Patty on a Bun Mayonnaise &amp; Mustard Toasted Cheese Sandwich Corn on the Cob Fresh Fruit Whole Wheat Sugar Cookie <b>20</b></p>
<p>Whole Wheat Bagel Day 6 Assorted Cereal Cream Cheese Fruit Juice</p> <p>Chipotle Burger PB &amp; Jelly Sandwich Catsup/Mustard/Mayonnaise Baked Beans Lettuce &amp; Pickle Cup Fresh Fruit <b>23</b></p>	<p>Pancake and Day 1 Sausage on a Stick Assorted Cereal Syrup Honeydew Slice</p> <p>Oven Baked Chicken PB &amp; Jelly Sandwich Mashed Potatoes &amp; Gravy Peas Fresh Fruit <b>24</b></p>	<p>Egg &amp; Sausage Day 2 Burro Assorted Cereal Salsa Fruit Juice</p> <p><b>Early Dismissal</b></p> <p>Beefy Chili Beans PB &amp; Jelly Sandwich Cornbread Coleslaw Fresh Fruit <b>25</b></p>	<p>Hot Oatmeal with Day 3 Cherries Assorted Cereal Cinnamon Toast Banana</p> <p>Zesty Chicken Rings PB &amp; Jelly Sandwich Steamed Broccoli Sweet Potato Fries Fresh Fruit <b>26</b></p>	<p>Cinnamon Roll Day 4 Assorted Cereal Fruit Juice</p> <p>Spaghetti &amp; Meatballs PB &amp; Jelly Sandwich Garlic Bread Spinach Salad with Cherries Salad Dressing Fresh Fruit <b>27</b></p>
<p>Waffles with Syrup Day 5 Assorted Cereal Fruit Juice</p> <p>Cheese Pizza Ham &amp; Cheese Sandwich Romaine Salad with Dressing Fresh Fruit <b>30</b></p>	<p>Egg &amp; Cheese Day 6 on an English Muffin Assorted Cereal Honeydew Slice</p> <p>Turkey Taco Ham &amp; Cheese Sandwich Lettuce &amp; Tomato Refried Beans Salsa Fresh Fruit <b>31</b></p>	<p><b>THIS MENU IS SUBJECT TO CHANGE</b></p> <p><b>MILK IS SERVED WITH ALL MEALS</b></p>		









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# ESCUELAS DE MURPHY

## AGOSTO, 2010



LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
<p>Postre de Arandanos Dia 1 Cereal Jugo de Fruta</p> <p style="font-size: 2em; color: blue; text-align: center;">Día de Montana Rusa</p> <p>Pizza Sandwich de Queso Ensalada Fruta Helado <span style="float: right;">16</span></p>	<p>Pan Frances Tostado Dia 2 Cereal Fresas</p> <p>Enchilada de Queso Sandwich de Queso Salsa Arroz Lechuga con Tomates Papitas Fruta <span style="float: right;">17</span></p>	<p>Huevos con Dia 3 Vegetales Cereal Pan Tostado con Jalea Jugo de Fruta</p> <p style="text-align: center; font-size: 1.5em;">Salida Temprano</p> <p>Sandwich de Carne de Barbecoa Sandwich de Queso Zanahorias Papitas Fruta <span style="float: right;">18</span></p>	<p>Postre de Chocolate Dia 4 Cereal Pure de Manzana</p> <p style="text-align: center;"> Dia Nacional de la Aviación</p> <p>Macarron con Queso y Vegetales Pan de Ajo Sandwich de Queso Ejotes Fruta <span style="float: right;">19</span></p>	<p>Pan Ingles Tostado Dia 5 con Salchicha y Queso Cereal Naranja</p> <p>Sandwich de Pollo Sandwich de Queso Maiz Fruta Galleta de Azucar <span style="float: right;">20</span></p>
<p>Bagel con Crema Dia 6 de Queso Cereal Jugo de Fruta</p> <p style="text-align: center;"></p> <p>Hamburguesa con Chili Sandwich de Crema de Cacahuete y Jalea Frijoles Ensalada Fruta <span style="float: right;">23</span></p>	<p>Pancake con Dia 1 Salchicha Cereal Melon</p> <p>Pollo Sandwich de Crema de Cacahuete y Jalea Pure de Papas Chicharos Fruta <span style="float: right;">24</span></p>	<p>Burro de Huevos Dia 2 con Salchicha Cereal Salsa Jugo de Fruta</p> <p style="text-align: center; font-size: 1.5em;">Dia Corto</p> <p>Chili con Carne y Frijoles Sandwich de Crema de Cacahuete y Jalea Pan de Maiz Ensalada de Col Fruta <span style="float: right;">25</span></p>	<p>Avena con Cerezas Dia 3 Cereal Pan Tostado con Canela Platano</p> <p>Pollo Frito Sandwich de Crema de Cacahuete y Jalea Brocoli Papitas de Camote Fruta <span style="float: right;">26</span></p>	<p>Postre de Canela Dia 4 Cereal Jugo de Fruta</p> <p style="text-align: center;"></p> <p>Macarron con Carne Sandwich de Crema de Cacahuete Y Jalea Pan de Ajo Ensalada de Espinaca con Cerezas Fruta <span style="float: right;">27</span></p>
<p>Waffle Dia 5 Cereal Jugo de Fruta</p> <p style="text-align: center;"></p> <p>Pizza Sandwich de Jamon con Queso Ensalada Fruta <span style="float: right;">30</span></p>	<p>Pan Ingles Tostado Dia 6 con Huevos y Queso Cereal Melon</p> <p>Taco de Pavo Sandwich de Jamon con Queso Ensalada Frijoles Salsa Fruta <span style="float: right;">31</span></p>	<p style="text-align: center;"> </p>	<div style="border: 1px solid black; padding: 5px; text-align: center;"> <p><b>ESTE MENU ES SUJETO A CAMBIOS</b></p> </div> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p><b>LECHE SE SIRVEN CON TODAS LAS COMIDAS</b></p> </div>	<p style="text-align: center;"> </p>

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