

THIS MENU IS
SUBJECT TO CHANGE




Murphy School District
July, 2010



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HOLIDAY!!



Have A Sunshiny Day

Cold Cereal
Wheat Toast & Jelly
Fruit Juice
Milk

Cheese Pizza
Cherry Romaine Salad
Salad Dressing
Fresh Fruit
Milk

French Toast Sticks
Syrup
Fresh Fruit
Milk

Turkey & Cheese Sandwich
Mayonnaise & Mustard
Potato Salad
Fresh Fruit
Whole Wheat Sugar Cookie
Milk

Egg & Cheese Burro
Salsa
Fruit Juice
Milk

Hot Dog on a Bun
Mustard & Catsup
Vegetarian Beans
Fresh Fruit
Milk

Cinnamon Honey Crunch Bar
Applesauce
Milk

Turkey Corn dog
Mustard & Catsup
French Fries
Fresh Fruit
Milk

Sweet Potato Bread
Fresh Fruit
Milk

Macaroni & Cheese
Mixed Vegetables
Fresh Fruit
Milk

Egg & Sausage Burro
Salsa
Fruit Juice
Milk

Chicken Fajita Wrap
Salsa
Pinto Beans
Fresh Fruit
Milk

Cold Cereal
Graham Crackers
Fresh Fruit
Milk

Chicken Nuggets
Oven Fries with Catsup
Fresh Fruit
Milk

Bagel
Cream Cheese
Orange Smiles
Milk

Pepperoni Pizza
Green Beans
Fresh Fruit
Milk

Pancakes
Syrup
Fresh Strawberries
Milk

Hamburger on a Bun
Mustard/Mayo/Catsup
Tater Tots
Pickle Slices
Fresh Fruit
Milk

Egg & Cheese Burro
Salsa
Fruit Juice
Milk

Spaghetti & Meatballs
Garden Salad & Dressing
Fresh Fruit
Milk

Cinnamon Roll
Applesauce
Milk

Turkey & Cheese Sandwich
Mayonnaise & Mustard
Baby Carrots & Ranch Dip
Fresh Fruit
Milk

Cold Cereal
Cinnamon Toast
Banana
Milk

Cheese Pizza
Fresh Veggies & Ranch Dip
Fresh Fruit
Milk

Waffles & Syrup
Fruit Juice
Milk

Turkey & Cheese Sandwich
Mayonnaise & Mustard
Pasta Salad
Fresh Fruit
Milk

Banana Muffin
Fruit Cup
Milk

Bean & Cheese Burro
Salsa
Seasoned Corn
Fresh Fruit
Milk

Egg & Sausage Burro
Salsa
Fruit Juice
Milk

Chicken Patty on a Bun
Mustard/Catsup/Mayo
French Fries
Fresh Fruit
Milk

Cherry Oatmeal Muffin Bar
Orange Smiles
Milk

Turkey Deli Sub Sandwich
Mayonnaise and Mustard
Fresh Veggies & Ranch Dip
Fresh Fruit
Chocolate Brownie
Milk

Cold Cereal
Graham Crackers
Fruit Juice
Milk

MANAGER'S CHOICE

Sausage Biscuit
Applesauce
Milk

MANAGER'S CHOICE

Cocoa Crunch Breakfast Bar
Fruit Juice
Milk

MANAGER'S CHOICE

Egg & Cheese Burro
Salsa
Chilled Fruit
Milk

MANAGER'S CHOICE

MANAGER'S CHOICE

**ESTE MENU ES
SUJETO A CAMBIOS**



**Escuelas de Murphy
Julio, 2010**



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| <p>"El Departamento de Agricultura de los EE, UU. (USDA, siglas en ingles) prohíbe la discriminación en todos sus programas y actividades a base de raza, color, origen, nacional, genero, religion edad, impedimentos, credo político, orientación sexual, estado civil o familiar. (No todas las bases de prohibición aplican a todos los programas.) Personas con impedimentos que requieran medios alternativos de comunicación para obtener información acerca de los programas (Braille, tipografía agrandada, cintas de audio, etc.) deben ponerse en contacto con el Centro TARGET de USDA, llamando al (202) 720-2600 (voz y TDD). Para presentar una queja sobre discriminación, escriba a USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue, SW, Washington, DC 20250-9410, o llame al (202) 720 5964 (voz y TDD). USDA es un proveedor y empleador que ofrece oportunidad igual a todos."</p> | | | | | |
| | | <p>Burro de Huevos con Queso Salsa Jugo de Fruta Leche</p> | <p>Pan de Papas Dulces Fruta Leche</p> | | |
| | | <p>Sandwiches de Salchicha Frijoles Fruta Leche</p> | <p>Macarron con Queso Vegetales Fruta Leche</p> | | |
| <p>DIA DE VACACIONES!!</p> <p>Have A Sunshiny Day</p> | | <p>Cereal Pan Tostado con Jalea Jugo de Fruta Leche</p> | <p>Pan Frances Tostado Fruta Leche</p> | <p>Postre de Miel con Canela Pure de Manzana Leche</p> | <p>Burro de Salchicha con Huevos Salsa Jugo de Fruta Leche</p> |
| | | <p>Pizza Ensalada con Cerezas Fruta Leche</p> | <p>Sandwiches de Pavo y Queso Ensalada de Papas Fruta Galleta de Azucar Leche</p> | <p>Sandwiches de Salchicha de Pavo Papitas Fruta Leche</p> | <p>Tortilla con Fajitas de Pollo Salsa Frijoles Fruta Leche</p> |
| <p>Cereal Galleta de Canela Fruta Leche</p> | | <p>Bagel Crema de Queso Naranja Leche</p> | <p>Pancakes Fresas Leche</p> | <p>Burro de Huevos con Queso Salsa Jugo de Fruta Leche</p> | <p>Postre de Canela Pure de Manzana Leche</p> |
| <p>Pollo Papitas Fruta Leche</p> | | <p>Pizza Ejotes Fruta Leche</p> | <p>Hamburguesa Papitas Picle Fruta Leche</p> | <p>Macarron con Carne Ensalada Fruta Leche</p> | <p>Sandwiches de Pavo con Queso Zanahorias Fruta Leche</p> |
| <p>Cereal Pan Tostado con Canela Platano Leche</p> | | <p>Waffle Jugo de Fruta Leche</p> | <p>Postre de Platano Fruta Leche</p> | <p>Burro de Huevos con Queso Salsa Jugo de Fruta Leche</p> | <p>Postre de Avena con Cerezas Naranjas Leche</p> |
| <p>Pizza Vegetales Fruta Leche</p> | | <p>Sandwiches de Pavo con Queso Ensalada de Macarron Fruta Leche</p> | <p>Burro de Frijoles con Queso Salsa Maiz Fruta Leche</p> | <p>Sandwiches de Pollo Papitas Fruta Leche</p> | <p>Sandwiches de Pavo Vegetales Fruta Postre de Chocolate Leche</p> |
| <p>Cereal Galletas de Canela Jugo de Fruta Leche</p> | | <p>Bisquete con Salchicha Pure de Manzana Leche</p> | <p>Postre de Chocolate Jugo de Fruta Leche</p> | <p>Burro de Huevos con Queso Salsa Fruta Leche</p> | <p>ESPECIAL DE LA CASA</p> |
| <p>ESPECIAL DE LA CASA</p> | | <p>ESPECIAL DE LA CASA</p> | <p>ESPECIAL DE LA CASA</p> | <p>ESPECIAL DE LA CASA</p> | <p>ESPECIAL DE LA CASA</p> |
| <p>26</p> | | <p>27</p> | <p>28</p> | <p>29</p> | <p>30</p> |