

THIS MENU IS
SUBJECT TO
CHANGE



Murphy School District
June, 2010



MILK IS
SERVED WITH
ALL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M E N U	Cold Cereal Graham Crackers Banana	PB & Jelly Jammer Orange Smiles	Cocoa G-Force Bar Applesauce Cup	Egg & Cheese Burro Salsa Fruit Juice
	Hot Dog on a Bun Mustard & Catsup Vegetarian Beans Fresh Fruit 1	Oven Baked Chicken Wheat Dinner Roll Corn on the Cob Fresh Fruit 2	Turkey & Cheese Sandwich Mayonnaise & Mustard Baby Carrots & Ranch Dip Fresh Fruit 3	Sweet & Sour Chicken Steamed White Rice Mixed Vegetables Fresh Fruit 4
Cold Cereal Wheat Toast & Jelly Fruit Juice	French Toast Sticks Syrup Fresh Fruit	Cinnamon Honey Crunch Bar Fruit Cup	Egg & Sausage Burro Salsa Apple Slices with Peanut Butter	Apple Breakfast Bar Fresh Fruit
Cheese Pizza Garden Salad with Dressing Fresh Fruit 7	Turkey & Cheese Sandwich Mustard & Mayonnaise Macaroni Salad Fresh Fruit 8	Turkey & Rice Burro Salsa Fresh Fruit 9	Mini Corn Dogs Mustard & Catsup Curly Fries Fresh Fruit 10	Hot Ham & Cheese Sandwich Baby Carrots & Ranch Dip Fresh Fruit 11
Cold Cereal Graham Crackers Fresh Fruit	Whole Wheat Bagel Cream Cheese Orange Smiles	Pancakes with Syrup Fresh Fruit	Egg & Cheese Burro Salsa Fruit Juice	Cinnamon Roll Fruity Applesauce
Chicken Nuggets Dippin Sauces Curly Fries Fresh Fruit 14	Turkey & Cheese Sandwich Mustard & Mayonnaise Pasta Salad Fresh Fruit 15	Hamburger on a Bun Mustard/Catsup/Mayo Tater Tots Fresh Fruit 16	Spaghetti & Meatballs Garden Salad and Dressing Fresh Fruit 17	Hot Ham & Cheese Sandwich Baby Carrots & Ranch Dip Fresh Fruit 18
Cold Cereal Cinnamon Toast Fruit Juice	Waffle with Syrup Fresh Fruit	Banana Nut Muffin Fruity Yogurt Fruit Juice	Egg & Sausage Burro Salsa Fresh Fruit	Cherry Muffin Fruit Juice
Pizza Garden Salad and Dressing Fresh Fruit 21	Turkey & Cheese Sandwich Baby Carrots & Ranch Dip Fresh Fruit 22	Chili Con Carne with Beans Corn Muffin Fresh Fruit 23	Hot Ham & Cheese Sandwich Curly Fries & Catsup Fresh Fruit 24	Corn Dog Mustard & Catsup Baked Beans Fresh Fruit 25
Cold Cereal Graham Crackers Fresh Fruit	Egg & Cheese on an English Muffin Fruit Juice	Cocoa Crunch Bar Fresh Fruit	<p>"The United States Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or family status (Not all prohibited apply to all programs.) Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326 W. Whitton Bldg, 14th and Independence Avenue, SW, Washington D.C. 20250-9410 or call (202) 720-5694 (voice and TDD).</p>	
Chicken Patty on a Bun Mayonnaise & Mustard Green Beans Fresh Fruit 28	Bean & Cheese Burro Salsa Seasoned Corn Fresh Fruit 29	Turkey & Cheese Sandwich Baby Carrots & Ranch Dip Fresh Fruit 30		

ESTE MENU
ES SUJETO
A CAMBIOS



Escuelas de Murphy Junio, 2010



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SIRVEN CON
TODAS LAS
COMIDAS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M E N U	Cereal Galleta de Canela Platano	Sandwiche de Crema de Cacahuete y Jalea Naranja	Postre de Chocolate con Cacahuates Pure de Manzana	Burro de Huevos con Queso Salsa Jugo de Fruta
	Sandwiche de Salchicha Frijoles Fruta 1	Pollo Pan de Trigo Maiz Fruta 2	Sandwiche de Pavo con Queso Zanahorias Fruta 3	Pollo Arroz Vegetales Fruta 4
Cereal Pan de Trigo Tostado con Jalea Jugo de Fruta	Pan Frances Tostado Fruta	Postre de Miel con Canela Fruta	Burro de Huevos con Salchicha Salsa Manzana con Crema de Cacahuete	Postre de Manzana Fruta
Pizza de Queso Ensalada Fruta 7	Sandwiche de Pavo con Queso Ensalada de Macarron Fruta 8	Burro de Pavo con Arroz Salsa Fruta 9	Salchicha con Pan de Maiz Papitas Fruta 10	Sandwiche de Jamon con Queso Zanahorias Fruta 11
Cereal Galleta de Canela Fruta	Bagel Crema de Queso Naranjas	Pancake Fruta	Burro de Huevo con Queso Salsa Jugo de Fruta	Postre de Canela Pure de Manzana
Pollo Papitas Fruta 14	Sandwiche de Pavo con Queso Ensalada de Macarron Fruta 15	Hamburguesa Papitas Fruta 16	Macarron con Carne Ensalada Fruta 17	Sandwiche de Jamon con Queso Zanahorias Fruta 18
Cereal Pan Tostado con Canela Jugo de Fruta	Waffle Fruta	Postre de Platano con Cacahuates Yogur con Fruta Jugo de Fruta	Burro de Huevos con Salchicha Salsa Fruta	Postre de Cerezas Jugo de Fruta
Pizza Ensalada Fruta 21	Sandwiche de Pavo con Queso Zanahorias Fruta 22	Chili con Carne con Frijoles Pan de Maiz Fruta 23	Sandwiche de Jamon con Queso Papitas Fruta 24	Salchicha con Pan de Maiz Frijoles Fruta 25
Cereal Galleta de Canela Fruta	Pan Ingles Tostado con Huevos y Queso Jugo de Fruta	Postre de Chocolate Fruta	"El Departamento de Agricultura de los EE, UU. (USDA, siglas en ingles) prohíbe la discriminación en todos sus programas y actividades a base de raza, color, origen, nacional, genero, religion edad, impedimentos, credo político, orientación sexual, estado civil o familiar. (No todas las bases de prohibición aplican a todos los programas.) Personas con impedimentos que requieran medios alternativos de comunicación para obtener información acerca de los programas (Braille, tipografía agrandada, cintas de audio, etc.) deben ponerse en contacto con el Centro TARGET de USDA, llamando al (202) 720-2600 (voz y TDD). Para presentar una queja sobre discriminación, escriba a USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue, SW, Washington, DC 20250-9410, o llame al (202)	
Sandwiche de Pollo Ejotes Fruta 28	Burro de Frijoles con Queso Salsa Maiz Fruta 29	Sandwiche de Pavo con Queso Zanahorias Fruta 30		