

Este Menu es Sujeto a Cambios y Leche se Sirven Con Todos Las Comidas!

# Escuelas de Murphy

Matricula Para El Programa Headstart Murphy 602-353-5181



# Abril



LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
<b>Junta de la Mesa Directiva — 11 de Abril, 2011 @ 6:30 p.m.</b>				Burro de Huevos con Papas Cereal Salsa Jugo de Fruta
<p>“El Departamento de Agricultura de los EE, UU. (USDA, siglas en ingles) prohíbe la discriminación en todos sus programas y actividades a base de raza, color, origen, nacional, género, religión edad, impedimentos, credo político, orientación sexual, estado civil o familiar. (No todas las bases de prohibición aplican a todos los programas.) Personas con impedimentos que requieran medios alternativos de comunicación para obtener información acerca de los programas (Braille, tipografía agrandada, cintas de audio, etc.) deben ponerse en contacto con el Centro TARGET de USDA, llamando al (202) 720-2600 (voz y TDD). Para presentar una queja sobre discriminación, escriba a USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue, SW, Washington, DC 20250-9410, o llame al (202) 720 5964 (voz y TDD). USDA es un proveedor y empleador que ofrece oportunidad igual a todos.”</p>				
Bagel con Crema De Queso de Fresas Cereal Jugo de Fruta Duraznos 	Arroz Dulce Cereal Pan Tostado con Canela Naranjas	Pancake Cereal Pure de Manzana	Burro de Huevos Cereal Salsa Peras	Postre de Avena con Arandanos Cereal Yogur con Fruta
<b>Semana de Biblioteca</b>				
Pollo Sandwich de Atun Papitas Chicharos Fruta	Burro de Frijoles con Queso Sandwich de Atun Arroz Salsa Maiz Fruta	Macarron con Pavo Sandwich de Atun Ejotes Pan de Trigo Fruta	Macarron con Carne Sandwich de Atun Pan Zanahorias Fruta	Pescado Frito Sandwich de Atun Macarron con Queso Brocoli Fruta
Pan Frances Tostado Cereal Jugo de Fruta	Huevos Cereal Salsa Tortilla Fruta	Pan Ingles Tostado Salchicha Cereal Fruta	Avena con Canela Cereal Pan Tostado con Jalea Jugo de Fruta	Postre con Fruta Cereal Fruta
Pizza Burro de Frijoles Ensalada Maiz Fruta	Taco de Pollo Burro de Frijoles Arroz Ensalada Salsa Fruta	Hamburguesa con Queso Burro de Frijoles Papitas Salsa Fruta	Pollo Burro de Frijoles Arroz Vegetales Postre de Manzana	Enchilada de Queso Burro de Frijoles Lechuga con Tomate Frijoles Salsa Fruta
Pancake con Salchicha Cereal Galleta de Canela Jugo de Fruta	Sandwich de Jamon Con Queso Cereal Fruta Galleta de Canela	Burro de Huevos Cereal Pan Tostado con Canela Salsa Fruta	Postre de Cerezas Cereal Yogur con Fruta	<b>NO HAY ESCUELA!!</b>   <b>Dia de la Tierra 22 DE ABRIL!!</b>
Sandwich de Queso Sandwich de Jamon Ejotes Papas Dulce Fruta	Fajitas de Pollo en la Tortilla Sandwich de Jamon Frijoles Salsa Fruta	Pollo Sandwich de Jamon Pan de Trigo Ensalada de Frijoles con Macarron Fruta	Taco de Camarones Sandwich de Jamon Papitas Lechuga con Tomate Salsa Fruta	
<div style="text-align: center;"> <b>NO</b>    <b>HAY ESCUELA!</b> </div>	Postre de Fruta Cereal Pasas Jugo de Fruta	Huevos Cereal Tortilla Salsa Fruta	Waffle Cereal Galleta de Canela Fruta	Postre de Canela Cereal Pan Tostado de Trigo Platanos
	Sandwich de Pavo Ensalada con Pollo Papitas de Papas Dulces Fruta	Pollo Ensalada con Pollo Pure de Papas Zanahorias Pan de Trigo Fruta	Tostada con Carne Ensalada con Pollo Maiz Lechuga con Tomate Fruta	<div style="text-align: center;"> <b>Dia Del Arbol</b>   </div> Sandwich de Queso Ensalada con Pollo Sopa de Tomate Vegetales Fruta

This Menu is Subject to  
Change AND  
Milk is Served with All Meals!

# Murphy School District

PRE REGISTER FOR  
HEADSTART !!  
602-353-5181



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Murphy School District Regular Board Meeting April 11, 2011 @ 6:30 p.m.</b>				Egg & Potato Burro Assorted Cereal Salsa Fruit Juice <span style="float: right;">Day 1</span>
<p>"The United States Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, and marital or family status (Not all prohibited apply to all programs.) Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326 W. Whitton Bldg, 14th and Independence Avenue, SW, Washington D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer."</p>				Fish Nuggets Turkey Ham & Cheese Sandwich Rice Pilaf Mixed Vegetables Fresh Fruit <span style="float: right;">1</span>
Strawberry Cream Cheese Bagel Assorted Cereal Fruit Juice Chilled Peaches <span style="float: right;">Day 2</span> 	Sweet Rice Assorted Cereal Cinnamon Toast Orange Smiles <span style="float: right;">Day 3</span>	Whole Grain Pancakes Assorted Cereal Syrup Applesauce <span style="float: right;">Day 4</span>	Breakfast Burrito Assorted Cereal Salsa Pear Halves <span style="float: right;">Day 5</span>	Oatmeal Blueberry Muffin Assorted Cereal Fruity Yogurt <span style="float: right;">Day 6</span>
<b>LIBRARY WEEK</b>				
Chicken Nuggets Tuna Salad Sandwich Potato Wedge Fries Peas Fresh Fruit <span style="float: right;">4</span>	Bean & Cheese Burrito Tuna Salad Sandwich Spanish Rice Salsa Corn Fresh Fruit <span style="float: right;">5</span>	Turkey & Noodles Tuna Salad Sandwich Seasoned Green Beans Wheat Dinner Roll Fresh Fruit <span style="float: right;">6</span>	Beefy Macaroni Tuna Salad Sandwich Breadstick Carrot Sticks & Ranch Dip Fresh Fruit <span style="float: right;">7</span>	Catfish Strips Tuna Salad Sandwich Macaroni & Cheese Steamed Broccoli Fresh Fruit <span style="float: right;">8</span>
French Toast Sticks Assorted Cereal Syrup Fruit Juice <span style="float: right;">Day 1</span>	Scrambled Eggs Assorted Cereal Salsa Flour Tortilla Chilled Fruit <span style="float: right;">Day 2</span>	Toasted English Muffin Sausage Patty Assorted Cereal Chilled Fruit <span style="float: right;">Day 3</span>	Cinnamon Oatmeal Assorted Cereal Toast with Jelly Fruit Juice <span style="float: right;">Day 4</span>	Fruit & Nut Bread Assorted Cereal Chilled Fruit <span style="float: right;">Day 5</span>
Pepperoni Pizza Bean Burrito Garden Salad & Dressing Corn Fresh Fruit <span style="float: right;">11</span>	Chicken Tacos Bean Burrito Spanish Rice Lettuce & Tomato Salsa Fresh Fruit <span style="float: right;">12</span>	Mini Cheeseburgers Bean Burrito Tater Tots Salsa Fresh Fruit <span style="float: right;">13</span>	Grilled Glazed Chicken Bean Burrito Brown Rice Pilaf Mixed Vegetables Apple Crisp <span style="float: right;">14</span>	Red Chili Enchilada Bean Burrito Lettuce & Tomato Spicy Pinto Beans Salsa Fresh Fruit <span style="float: right;">15</span>
Pancake & Sausage on a Stick Assorted Cereal Graham Crackers Syrup Fruit Juice <span style="float: right;">Day 6</span>	Turkey Ham & Cheese Muffin Assorted Cereal Chilled Fruit Graham Crackers <span style="float: right;">Day 1</span>	Breakfast Burrito Assorted Cereal Cinnamon Toast Salsa Chilled Fruit <span style="float: right;">Day 2</span>	Cherry Breakfast Cake Assorted Cereal Fruity Yogurt <span style="float: right;">Day 3</span>	<b>NO SCHOOL TODAY!!</b> 
Toasted Cheese Sandwich Turkey Ham Sandwich Green Beans Sweet Potato Fresh Fruit <span style="float: right;">18</span>	Chicken Fajita Wrap Turkey Ham Sandwich Black Beans Salsa Fresh Fruit <span style="float: right;">19</span>	Oven Fried Chicken Turkey Ham Sandwich Wheat Dinner Roll Pasta & Bean Salad Fresh Fruit <span style="float: right;">20</span>	Shrimp Soft Taco Turkey Ham Sandwich Tater Tots Lettuce & Tomato Salsa Fresh Fruit <span style="float: right;">21</span>	
<b>NO SCHOOL TODAY!</b> <span style="float: right;">25</span>	Fruity Pop Tart Assorted Cereal Raisins Fruit Juice <span style="float: right;">Day 1</span>	Scrambled Eggs Assorted Cereal Flour Tortilla Salsa Chilled Fruit <span style="float: right;">Day 5</span>	Waffles Assorted Cereal Syrup Graham Crackers Chilled Fruit <span style="float: right;">Day 6</span>	Cinnamon Rolls Assorted Cereal Wheat Toast Bananas <span style="float: right;">Day 1</span> <b>ARBOR DAY</b> 
	Deli Turkey Sub Sandwich Crispy Chicken Salad Sweet Potato Crinkle Fries Fresh Fruit <span style="float: right;">26</span>	Chicken Nuggets Crispy Chicken Salad Mashed Potatoes Steamed Carrots Wheat Dinner Roll Fresh Fruit <span style="float: right;">27</span>	Beefy Tostada Crispy Chicken Salad Corn Lettuce & Tomato Fresh Fruit <span style="float: right;">28</span>	Toasted Cheese Sandwich Crispy Chicken Salad Tomato Soup Celery Sticks Fresh Fruit <span style="float: right;">29</span>