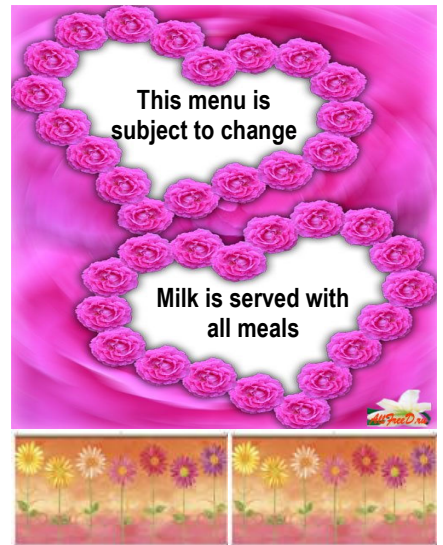


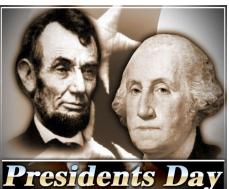


**Murphy School District #21**  
**February**  
**2010**

**MURPHY HEADSTART**  
**PRESCHOOL REGISTRATION**  
**602-353-5181**  
**CHILDREN MUST BE THREE OR FOUR**  
**YEARS OLD BY AUGUST 31**



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Blueberry Loaf Day 3 Cereal Fruit Juice  Chicken Parmesan with Spaghetti Ham & Cheese Sandwich Fresh Steamed Vegetables Fresh Fruit 1	Cream Cheese Bagel Day 4 Cereal Fresh Strawberries  Fish Sandwich Ham & Cheese Sandwich Brown Rice Pilaf Mixed Vegetables Fresh Fruit 2	Cherry and Oatmeal Muffin Day 5 Cereal Cheesestick Diced Pears <div style="border: 1px solid black; padding: 2px; display: inline-block;">Early Release</div>  Bean Tostada Ham & Cheese Sandwich Spanish Rice Lettuce & Tomato Salsa Fresh Fruit 3	Egg & Cheese Burro Day 6 Cereal Salsa Fruit Juice  Cheese Ravioli with Meat Sauce Ham & Cheese Sandwich Wheat Dinner Roll Green Beans Fresh Fruit 4	French Toast Stick Day 1 Cereal Sausage Link Kiwi Fruit  Cheeseburger on a Bun Ham & Cheese Sandwich Baked Potato Wedges Pasta Salad Fresh Fruit 5
PB & Jelly Jammer Day 2 Cereal Banana  Pepperoni Pizza Manager's Choice Entrée Garden Salad Tater Tots & Catsup Fresh Fruit 8	Sweet Rice Day 3 Cereal Cinnamon Toast Fruit Juice  Bean & Cheese Burro Manager's Choice Entrée Salsa Seasoned Corn Lettuce & Tomato Fresh Fruit 9	Scrambled Eggs Day 4 Cereal Tater Tots Peach Cup <div style="border: 1px solid black; padding: 2px; display: inline-block;">Early Dismissal</div>  Oven Baked Chicken Manager's Choice Entrée Mashed Potatoes & Gravy Steamed Carrots Wheat Dinner Roll Fresh Fruit 10	Poptart Day 5 Cereal Fruit Juice  Grilled Cheese Sandwich Manager's Choice Entrée Tomato Noodle Soup Fresh Fruit 11	Pancake with Syrup Day 6 Cereal Orange Smiles  Glazed Ham Steak Manager's Choice Entrée Black-Eyed Peas Cornbread Sweet Potato Crunch Fresh Fruit 12
<div style="background-color: #ffccff; padding: 5px; text-align: center;"><b>School Holiday</b></div>  <div style="background-color: #ffccff; padding: 5px; text-align: center;"><b>Presidents Day</b></div> <div style="background-color: #ffccff; padding: 5px; text-align: center;"><b>School Holiday</b></div> Yogurt Cup Day 1 Granola Cereal Peach Cup  Chicken Patty on a Bun Crispy Chicken Salad Baked Potato Wedges Fresh Fruit 16	Egg & Cheese on an English Muffin Day 2 Cereal Fruit Juice <div style="border: 1px solid black; padding: 2px; display: inline-block;">Early Release</div>  Stuffed Shells & Marinara Sauce Crispy Chicken Salad Wheat Dinner Roll Cheesy Zucchini Waldorf Fruit Salad 17	Breakfast Cheese Day 3 Crisp Cereal Salsa Sliced Pears  BBQ Chicken Crispy Chicken Salad Corn on the Cob Baked Beans Fresh Fruit 18	Sweet Potato Bread Day 4 Cereal Fruit Juice  Shrimp and Fish Crispy Chicken Salad Tarter Sauce & Catsup Tater Tots Coleslaw Fresh Fruit 19	
Egg & Sausage Burro Day 5 Cereal Salsa Fruit Juice  Hot Turkey & Cheddar on a Bun Turkey & Cheese Sandwich Tater Tots & Catsup Fresh Fruit 22	Oatmeal Day 6 Cereal Cinnamon Toast Chilled Pears  Lasagna & Meat Sauce Turkey & Cheese Sandwich Garden Salad & Dressing Breadstick Fresh Fruit 23	Waffles with Syrup Day 1 Cereal Peach Cup <div style="border: 1px solid black; padding: 2px; display: inline-block;">Early Release</div>  Beef Tamale Pie Turkey & Cheese Sandwich Mexicali Corn Tortilla Chips Salsa Fresh Fruit 24	Toasted English Muffin Day 2 Cereal Jelly Chilled Fruit  Macaroni & Cheese Turkey & Cheese Sandwich Wheat Dinner Roll Green Beans Fresh Fruit 25	Sweet Potato Biscuit Day 3 Cereal Chilled Pears  Green Chili Enchiladas Turkey & Cheese Sandwich Spanish Rice Lettuce & Tomato Salsa Fresh Fruit 26



**MATRICULA PARA EL PROGRAMA  
HEADSTART MURPHY  
602-353-5181**

**LOS NIÑOS DEBEN DE TENER DE TRES A  
CUATRO AÑOS DE EDAD PARA EL PRIMERO  
DE 31 DE AGOSTO**

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LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES
Postre de Arandanos Cereal Jugo de Fruta  Pollo con Espaguetis Sandwiche de Jamon Vegetales Fruta 1	Bagel con Crema de Queso Cereal Fresas  Sandwiche de Pescado Sandwiche de Jamon Arroz Vegetales Fruta 2	Postre de Avena con Cerezas Cereal Queso Peras  Tostada de Frijoles Sandwiche de Jamon Arroz Verduras Salsa Fruta 3	Burro de Huevos con Queso Cereal Salsa Jugo de Fruta  Raviolos con Queso Sandwiche de Jamon Pan Ejotes Fruta 4	Pan Frances Tostado Cereal Salchicha Fruta  Hamburguesa con Queso Sandwiche de Jamon Ensalada de Macarron Papitas Fruta 5
Sandwich de Crema de Cacahuete Cereal Platano  Pizza Especial de la Casa Ensalada Papitas Fruta 8	Arroz Dulce Cereal Pan Tostado con Canela Jugo de Fruta  Burro de Frijoles y Queso Especial de la Casa Salsa Maiz Verduras Fruta 9	Huevos Cereal Papitas Duraznos  Pollo Especial de la Casa Pure de Papas Zanahorias Pan Fruta 10	Postre de Fruta Cereal Jugo de Fruta  Sandwich de Queso Especial de la Casa Sopa de Tomates con Macarron Fruta 11	Pancake Cereal Naranja  Jamon Especial de la Casa Chicharos Postre de Camote Pan de Maiz Fruta 12
<b>No Hay Escuela</b>  <b>Día del Presidentes</b> <b>No Hay Escuela</b> 15	Yogur con Fruta Cereal Duraznos  Sandwich de Pollo Ensalada con Pollo Papitas Fruta 16	Pan Ingles Tostado con Huevos y Queso Jugo de Fruta Cereal  Macarron Ensalada con Pollo Pan Calabasitas Ensalada con Fruta 17	Quesadilla de Huevos Cereal Salsa Peras  Pollo de Barbacoa Ensalada con Pollo Maiz Frijoles Fruta 18	Pan de Camote Cereal Jugo de Fruta  Camarone con Pescado Ensalada con Pollo Papitas Ensalada de Col Fruta 19
Burro de Huevos con Queso Cereal Salsa Jugo de Fruta  Sandwich de Pavo con Queso Sandwich de Pavo Papitas Fruta 22	Avena Cereal Pan Tostado con Canela Peras  Macarron con Carne Sandwich de Pavo Ensalada Pan Fruta 23	Waffle Cereal Durzanos  Tamale de Carne Sandwich de Pavo Maiz Papitas Salsa Fruta 24	Pan Ingles Tostado Cereal Jalea Fruta  Macarron con Queso Sandwich de Pavo Pan Ejotes Fruta 25	Bisquete de Camote Cereal Peras  Enchilada de Chili Verde Sandwich de Pavo Arroz Verduras Salsa Fruta 26